

Southeastern Endocrine Diabetes

1475 Holcomb Bridge Road Ste 129 * Roswell, GA 30076 * 678-325-2250 * 678-325-2261 fax

Doctor: _____

BG Target Goal _____ to _____

Name: _____

Address: _____

Work #: _____

Home #: _____

Month/Year _____

Supplemental Formula \geq _____ BG-100/ _____

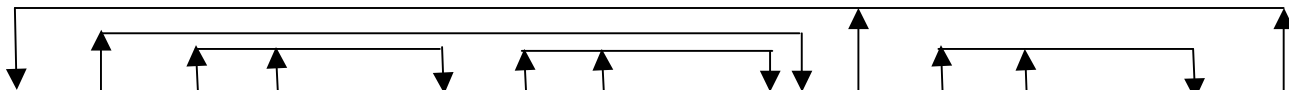
Carbohydrate Formula:

_____ Log for _____ Grams Carbohydrate

_____ Log for every 1 Bread, 1 Milk, 1 Fruit

_____ 3 Meats, 3 Non-Starchy Vegetables

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____



Date	3 AM		Pre-Breakfast				Pre-Lunch				Pre-Supper				Bedtime		Notes			
	B.G.		BG		Reg	Supp	2 hr	BG	Reg	Supp	2 hr	BG		Reg	Supp	2 hr		B.G.		

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Notes: _____
