Southeastern Endocrine Diabetes
1475 Holcomb Bridge Road, Ste 129 * Roswell, GA 30076 * 678-325-2250 * 678-325-2261 fax

Name: ______________________________

Address: ______________________________

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Work #: ______________________________

Home #: ______________________________

Month/Year ____________

BG - 100 / ____________________

Carbohydrate Formula:

_______ Log for ___________ Grams Carbohydrate

_______ Log for every 1 Bread, 1 Milk, 1 Fruit

3 Meats, 3 Non-Starchy Vegetables

1) ________ 1) ________
2) ________ 2) ________
3) ________ 3) ________
4) ________ 4) ________
5) ________ 5) ________
6) ________ 6) ________
7) ________ 7) ________

	12 AM	3 AM			Pre-Breakfast				Pre-Lunch				Pre-Supper				Bedtime			
Date	Basal	Basal	B.G.	Supp.	Basal	B.G.	Bolus	Supp.	Basal	B.G.	Bolus	Supp.	Basal	B.G.	Bolus	Supp.	Basal	B.G.	Supp.	Notes