Southeastern Endocrine & Diabetes, P.C.
1475 Holcomb Bride Road, Suite 129, Roswell, GA 30076
678-325-2250 s 678-325-2261 fax

Name: _____

Ad-
dress: _____

_____

Work #: _____

Home #: _____

Month/Year _____

BG - 100 / _____

Carbohydrate Formula:

_____ Log for _____ Grams Carbohydrate

_____ Log for every 1 Bread, 1 Milk, 1 Fruit,
3 Non-Starchy Vegetables

1) _____ 1) _____
2) _____ 2) _____
3) _____ 3) _____
4) _____ 4) _____
5) _____ 5) _____
6) _____ 6) _____
7) _____ 7) _____

	12 AM	3 AM			Pre-Break-				Pre-Lunch				Pre-Supper				Bed-time			
Date	Basal	Basal	B.G.	Supp.	Basal	B.G.	Bolus	Supp.	Basal	B.G.	Bolus	Supp.	Basal	B.G.	Bolus	Supp.	Basal	B.G.	Supp.	Notes